

Attorney Docket: BHT/3103-89

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

#812  
55  
7-30-03

Applicant : CHEN  
Application No. : 09/813,314  
Filed : March 21, 2001  
Title : MUSCLE STRENGTHENING METHOD  
AND APPARATUS  
Group Art Unit : 3764  
Examiner : G. Richman  
Docket No. : BHT/3103-89

FAXED COPY RECEIVED

JUN 05 2003

TECHNOLOGY CENTER 3700

Honorable Commissioner for Patents  
Washington, DC 20231

**AMENDMENT**

Sir:

In response to the Office Action of September 24, 2002, the period for response to which has been extended to expire on **March 24, 2003** by the filing herewith of a Petition for a three-month extension of time and payment of the required fee, please amend the above-identified application as follows: